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Independent Study Mentorship

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## The Vast Land of Communication

### Weekly Report 9/12-9/18

This past week in ISM marked the first week for mentorship calls as well as setting up interviews. The annual business symposium is on its way as we prepare for professional interviews and perfecting a professional profile.

With the contacts that I shortlisted for pediatricians and specialized allergist/immunologist, I was able to contact 3 and run through the cold call script. I was able to get a feel of what it is like to speak with a professional tone and how to professionally handle situations that are not always in our favor. Although I was not able to set up interviews as of yet, I was able to contact such professionals and “put my name out there”. The main part of the current stage in ISM is getting to master the art of speaking with an adult and stepping foot in the real world. My area of research is in the medical field which adds to the conflicts regarding scheduling interviews and mentor visits as the professionals are usually very busy. With the calls that were made, the act of overcoming the nervousness and the feeling of making the call worthwhile was a subtle accomplishment for this previous week. The professionals we reach out to all have very busy schedules and with ISM it is our purpose as juniors to make sure they do not feel like their time is being wasted.

I believe one of my accomplishments/success for this week would be being able to reach out to the appropriate clinics and asking for a quick informational interview. As mentioned above, I have and will continue to come across some rejections from the professionals for the year long commitment. To overcome that I will keep searching for the appropriate mentor to help enhance my project.

This next week will lead into more callings for professionals and a more in depth research regarding integrative medicine and the American Federal thoughts on natural remedies. Some concerning questions that I have related to the research and the mentor is “how open they are to natural remedies and homeopathic care?” The goal of the project is to familiarize the American community with natural care and homeopathic remedies. As this class leads into next week, my research will strengthen and hopefully an interview will be achieved.