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Mr. Speice

Independent Study Mentorship

20 September 2016

Research Assessment-3

The research for this project has continued to expand on integrative medicine. Integrative medicine has been a major element of my project as that is what is leading to the final product. The American society is orientated around the allopathic form of medication and has lead the nation for centuries. The homeopathic remedies are asian treats that have been implanted in their treatments for centuries. I have chosen to expand such casual tactics to be implanted in our allopathic treatments. Allopathic treatments include harsh antibiotics and medications that can drastically affect the human immune system through a course of time. With intensive and more in depth research, I have gathered more articles that described in detail the purpose of integrative medicine and how it can affect the American society.

The Complementary and Alternative Medicine association is an association dedicated just to alternative cares and remedies in America. The article introduced the concepts of spirit, body and mind practices as well as herbal medications for patients to recover. Categories of Alternative medical systems include homeopathy, naturopathy, traditional chinese medicine and ayurveda. These are all the basic alternate medication forms that have been popularized throughout the world, but have been dubbed in the American society. This article basically shows how irrelevant the Eastern way of medicine are in America. The rest of the world combines the usage of alternate medicine with allopathic

techniques to cure patients in weeks time. I wanted to use this information to use as evidence to prove that fact the usage of homeopathic remedies to cure patients. An instance of brain surgery in Germany was captured when the doctors fed the patient with a fruit that stopped the flow of malignant cells to the brain of the patient. I have used fruit and herbal medications to cure simple health problems in the past; honey and lemon to cure sore throats, kale and baking soda to fix acne problems and toothpaste or any grounded paste to help skin problems. All of these tactics combined with what the German doctors placed provides secure evidence regarding the reasons why I would like to promote integrative medicine. I want to incorporate these common alternate medication, with prescribed antibiotics. Seasonal allergies are the most common as mentioned in the article. It was noted that seasonal allergies are the leading cause of antibiotic usage through the nation and results destroyed immune systems. These antibiotics can decrease the immune system in minutes and can result in severe diseases in that direction. Combining techniques such as yoga, ayurveda treats and chinese medicine with these harsh antibiotics can make a difference in a person's overall health. The CAM article has described the various aspects of alternative medicine which has posed to show reliable information. The tidbit regarding the statistics on how much of the world runs on conventional medication and treatment supported the argument against the fact that the American society has not been fully exposed to alternative medication. I knew about the existence of alternative care through the use of the Indian herbal treatment but the existence of more natural treatment with qualified tests has explained that fact that the information has posed to share the fact that our nation is lacking in this area. To put this all together, I will promote/create natural habits like introducing natural sprays as well as the basic herbal techniques to go along with the mentioned allopathic medications to strengthen the immune system.

Rubric rating submitted on: 10/1/2016, 12:35:31 PM by speicee@friscoisd.org

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<p>Understanding Your score: 10</p>	<p>Thoroughly describes and paraphrases the information. Thoroughly answers the question "What did you learn?"</p>	<p>Adequately describes and paraphrases the information. Adequately answers the question "What did you learn?"</p>	<p>Somewhat describes and paraphrases the information. Somewhat answers the question "What did you learn?"</p>	<p>Does not describe paraphrase the information. Does not answer the question "What did you learn?"</p>
<p>Applying Your score: 10</p>	<p>Thoroughly applies and illustrates the information. Thoroughly answers the following questions: "Why is this information relevant to you, your learning, your topic, and your ISM journey?"</p>	<p>Adequately applies and illustrates the information. Adequately answers the following questions: "Why is this information relevant to you, your learning, your topic, and your ISM journey?"</p>	<p>Somewhat applies and illustrates the information. Somewhat answers the following questions: "Why is this information relevant to you, your learning, your topic, and your ISM journey?"</p>	<p>Does not apply and/or illustrate the information. Does not answer the following questions: "Why is this information relevant to you, your learning, your topic, and your ISM journey?"</p>
<p>Analyzing Your score: 10</p>	<p>Thoroughly analyzes, examines, and breaks down the information. Thoroughly answers the questions: What are the key parts of this information? How can it be classified? Thoroughly connects to prior knowledge and thoroughly explains whether or not the information changed or modified prior knowledge</p>	<p>Adequately analyzes, examines, and breaks down the information. Adequately answers the questions: What are the key parts of this information? How can it be classified? Adequately connects to prior knowledge and thoroughly explains whether or not the information changed or modified prior knowledge</p>	<p>Somewhat analyzes, examines, and breaks down the information. Somewhat answers the questions: What are the key parts of this information? How can it be classified? Somewhat connects to prior knowledge and thoroughly explains whether or not the information changed or modified prior knowledge</p>	<p>Does not analyze, examine, and break down the information. Does not answer the questions: What are the key parts of this information? How can it be classified? Does not connect to prior knowledge and does not explain whether or not the information changed or modified prior knowledge</p>
<p>Synthesizing Your score: 8</p>	<p>Thoroughly synthesizes prior knowledge with new learning to demonstrate continuous growth</p>	<p>Adequately synthesizes prior knowledge with new learning to demonstrate continuous growth</p>	<p>Somewhat synthesizes prior knowledge with new learning to demonstrate continuous growth</p>	<p>Does not synthesize prior knowledge with new learning to demonstrate continuous growth of knowledge. Does</p>

	<p>of knowledge. Thoroughly answers the questions: How can I combine this new knowledge with my prior knowledge in order to facilitate continuous growth? How can I combine all of this information to create a plan to develop my original work?</p>	<p>of knowledge. Adequately answers the questions: How can I combine this new knowledge with my prior knowledge in order to facilitate continuous growth? How can I combine all of this information to create a plan to develop my original work?</p>	<p>of knowledge. Somewhat answers the questions: How can I combine this new knowledge with my prior knowledge in order to facilitate continuous growth? How can I combine all of this information to create a plan to develop my original work?</p>	<p>not answer the questions: How can I combine this new knowledge with my prior knowledge in order to facilitate continuous growth? How can I combine all of this information to create a plan to develop my original work?</p>
<p>Evaluating Your score: 10</p>	<p>Thoroughly judges/appraises the information. Thoroughly answers the questions: Was this new knowledge effective in helping me achieve my goals? Was this new knowledge helpful, surprising, encouraging, discouraging, motivating, disagreeable, controversial?</p>	<p>Adequately judges/appraises the information. Adequately answers the questions: Was this new knowledge effective in helping me achieve my goals? Was this new knowledge helpful, surprising, encouraging, discouraging, motivating, disagreeable, controversial?</p>	<p>Somewhat judges/appraises the information. Somewhat answers the questions: Was this new knowledge effective in helping me achieve my goals? Was this new knowledge helpful, surprising, encouraging, discouraging, motivating, disagreeable, controversial?</p>	<p>Does not judge/appraise the information. Does not answer the questions: Was this new knowledge effective in helping me achieve my goals? Was this new knowledge helpful, surprising, encouraging, discouraging, motivating, disagreeable, controversial?</p>
<p>Creating Your score: 10</p>	<p>Demonstrates a clear, detailed, and well-thought-out plan describing what you will do with/as a result of this new learning. Thoroughly answers the questions: How can I blend this new knowledge with previous knowledge</p>	<p>Demonstrates a clear and well-thought-out plan describing what you will do with/as a result of this new learning. Adequately answers the questions: How can I blend this new knowledge with previous knowledge</p>	<p>Demonstrates a somewhat clear and well-thought-out plan describing what you will do with/as a result of this new learning. Somewhat answers the questions: How can I blend this new knowledge with previous knowledge to create new ideas?</p>	<p>Does not demonstrate an acceptable plan describing what you will do with/as a result of this new learning. Does not adequately answer the questions: How can I blend this new knowledge with previous knowledge to create new ideas?</p>

	to create new ideas? What new questions have arisen as a result of this new information.	to create new ideas? What new questions have arisen as a result of this new information.	What new questions have arisen as a result of this new information.	What new questions have arisen as a result of this new information.
Evidence of Proofreading Your score: 8	No grammatical, spelling, or usage errors.	Very few grammatical, spelling, or usage errors.	Too many grammatical, spelling, or usage errors.	Enough grammatical, spelling, or usage errors that the assessment is borderline incomprehensible.
Proper Heading/Format Your score: 5	All requirements met	Most requirements met	Some requirements met	Few or none of the requirements met.
Professional Tone Your score: 10	Entirety of assessment is written in the appropriate professional tone.	Most of assessment is written in the appropriate professional tone.	Some of assessment is written in the appropriate professional tone.	None of assessment is written in the appropriate professional tone.
Annotated Article Your score: 5	Thoroughly annotated article submitted with assignment	Adequately annotated article submitted with assignment	Somewhat annotated article submitted with assignment	No annotated article submitted with assignment

Comments: